

REUSE



### **DITCH THE PLASTIC BAGS**

- Use reusable bags while shopping
- Bring your own tote bags to pack up your items and bring them home



#### START COMPOSTING WASTE

- A large amount of what you throw into the trash could be composted and returned to the earth
- If you have a bin and some extra space, you can easily start a compost that could feed back into your garden



## START USING REUSABLE CONTAINERS

- Reusable containers will help to extend food life and keep things fresh for as long as possible
- Invest in some quality airtight containers for things like baking ingredients and other things that can be stale quickly



# LEARN TO REPAIR RATHER THAN DISCARD

 Buying a few high-quality items and repairing them when necessary is so much better for the planet than buying loads of cheap, disposable stuff



### STOP BUYING PLASTIC WATER BOTTLES

- Water bottles and paper coffee cups are huge wastes of material
- Buy a durable water bottle and a cute coffee thermos so you can take your beverages wherever you please